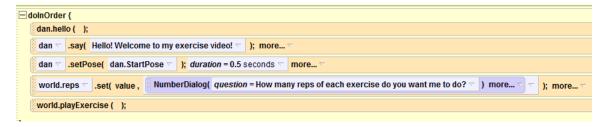
Using the heBuilder or sheBuilder (or any of the other persons with enough detail in the Alice Gallery), build a person and add him or her to your world. Using your person, build an aerobic exercise video in which the person leads the user through an exercise routine. Use world-and/or class-level methods in your program, as appropriate.

***** taken from Alice in Action with Java by Joel Adams

Problem # 4.8	Possible Points
File Saved Correctly as Alice4_8Lastname.a2w and uploaded to your Google site.	2
Use the character from the Hebuilder/SheBuilder section.	3
World.playIntro() method has been created and has the person using the say dialog	5
introduce themselves and the exercises.	י
World.playExercise() method has been created and calls the methods	
Person.touchToesRightHand()	
Person.touchToesLeftHand()	5
Person.jumpJacks()	3
and three other exercising methods of your choice that has the person do and explain	
an exercise	
Person.touchToesRightHand() method has the person touching their toes with	10
explanations to the user.	10
Person.touchToesLeftHand() method has the person touching their toes with	10
explanations to the user.	10
Person.jumpJacks() method has the person doing a jumping jack	10
Three other object level methods have been created that has the person doing an	30
exercise and explaining the motions to the user.	30
A global variable has been created called reps which is type number and has an initial	
value of zero. Within playIntro() ask the user how many reps the character should do	5
and store the value in reps. Repeat the number back to the user.	
For each exercise -	
Do the exercise that amount of times (FOR LOOP) and keep count of the number of	60
exercises done using the say method and the <i>index</i> variable. The exercise must look as	00
realistic as possible.	
World.playGoodbye() method has been created and has the person tell the user good	5
job, you are finished.	3
yourNameCredits.playCredits() method has been created that has a black screen with	5
your name scrolling upwards	3
World.myFirstMethod() has the fewest lines possible calling only	
World.playIntro()	
World.playExercise()	5
World.playGoodbye()	
YourName.playCredits()	
Total Points	155

Code for global world.reps variable



Code for looped exercise:

